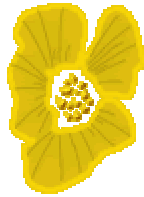


Buttercup Connections – Newsletter 21

February/March/April 2006



“To help people explore themselves and their links with others - to find a better way of living.”

Let's do Something Ourselves!

Ann Neate

OK, the climate is changing, even though some may still refuse to believe it. It is after all fashionable to polarise everything, however well proven! If you think about it, apart from all the mounting evidence of ice melting etc, Earth **must** be heating up for one reason alone: there are millions of cities, towns and villages all round the world, each lit up by electricity and each warmed up by heating, whether central or other. You only have to place your hand over a modest light bulb to have some imagination as to the heat that all those human conurbations must give out. From the air you can see the delicate golden spiders' webs reaching out into the darkness and trace the motorways connecting them. An awesome sight! . . . Add to that the mighty private and industrial CO2 emissions which trap the heat round the planet so that it can't escape naturally – and also the felling of forests which normally absorb and transform the CO2.

Poor old planet Earth, she must be feeling hot under the collar – not surprising her ice is melting! But let us face the facts rather than bemoan them and have a look at what we each can do, every one of every million of us. Let us grasp the nettle ourselves – especially as our so-called leaders are disinclined to lead in this respect. After all, we each have a so-called 'eco-footprint' on the planet – the amount of pollution we personally create. How can we lessen it and benefit ourselves at the same time? Here are eight win/win ideas, both simple and complex:

1. **Buy only 'A' or 'B'** energy-efficiency rated appliances and boilers. *Benefits:* Cheaper
2. **Let petrol consumption** play a large part in choice of next vehicle. *Benefit:* Cheaper.
3. **Fly less** unless essential. Use public transport whenever possible. What about travelling by train for a holiday in Europe? *Benefits:* Safer, less stress, could be quicker.
4. **Stop whinging** about sky lines being ruined where wind farms are suggested. They are more elegant than electric pylons and are driven by natural air currents rather than by Earth's diminishing resources of oil and coal. *Benefits:* Endless resource, no pollution.
5. **Invest** personally/governmentally in renewable resources such as wind, sun and tidal energy (surrounded as we are by tides twice a day). With more investment, these would become far more economical. *Benefit:* Endless resources, far less polluting.
6. **Buy from local greengrocer** – preferably organic. *Benefits:* Healthier and more dependable in times of crisis. Gives local employment. Less heavy lorries on the roads.
7. **Save energy** by turning off unnecessary lights - also, TVs and computers when not in use. Replace all light bulbs as they go with energy-saving ones. Switch to a green electricity tariff. *Benefit:* Savings & safer, greener.

8. Install solar panels and/or micro wind turbine to roof. Why shouldn't we each be partly responsible for our own power where possible? Find out. All new houses could be built in this way - flats also. (Government, please note!) **Fit insulation** in cavity walls & loft spaces. Benefits: Independent power when there's a general failure and cheaper to run.

You will be pleased to know that much of this is already happening. Re no. 8, last year's spending on these items leapt 314%. . . Overall, two-thirds of us do now consider the environmental impact of what we buy. . . We spent £3.4 billion on goods/services with low impact on global warming – an increase of 21%. (Figures from *The Independent* 28.11.05)
We just need to keep up the momentum! Your ideas/comments are welcome.

FUTERRA a Green communications agency, highlights opportunities as well as risks of global warming.
 STOP CLIMATE CHAOS: A new coalition of environment groups: www.stopclimatechaos.org

*"The world is a dangerous place, not because of those who do evil,
 but because of
 those who look on and do nothing."* Albert Einstein

2006, Year of Hope or Despair? H-A through Tony Neate & David Furlong

H-A through David. I know that part of the remit of my connection with you this evening is looking at the year 2006. But I would first like you to take stock of all that you have experienced in 2005 - all that the world has experienced in 2005. And what is important in this process, dear friends, is not the events as they appear in the outer world, but what is going on within. Have you been able to find a sense of balance; to sense your link to that finer part of who and what you are? This is the challenge that faces all of you; and also, as we reach out and consider all spiritual life on this planet, the same processes go on.

I cannot promise you that planet Earth is not going to have a few more ups and downs, as it has in 2005; but what is important is that you do not let the fear of some of those situations cloud the vision that can so powerfully help you in the journey of your life. One of the great challenges of humanity at this moment in time is to look fear in the face and laugh at it. . . . And on that thought I will leave this sensitive to speak through my dear colleague.

H-A through Tony. Good evening. As we move towards 2012, each year is going to become more crucial. On one level you will see catastrophes; but on another you will sense a level of joy, of spiritual enlightenment and awakening, that will bring you a new vision of who, what and where you are - a vision that extends beyond religion, a vision that is personal. Each person will be encouraged and empowered to find his or her own spiritual link to that ultimate level of consciousness that you call God.

During 2005 you have seen a tsunami, typhoons, hurricanes and earthquakes. You need to understand that these are all, in a sense, planet Earth rebelling, saying 'I've had enough!' It's Gaia trying to speak out - not to destroy but to save humanity; and it is really important that you see these catastrophes in the light of something being brought to your notice to try and save you from something far worse.

Now this energy is actually working on a very subtle level. Recently in this country you have had a huge fire at an oil depot, the worst catastrophe, your media claimed, since the last war. I want you to try and understand why it happened. Oh yes, practical reasons will be given, investigations, all the usual cover-ups, close-ups, whatever; but under it all there is this energy on the planet which is saying, 'Humankind, wake up!' This is a moment when your planet can be either full of joy, laughter and pleasure; or it can be a planet of despair, misery and starvation. The choice is yours. But it is a much deeper choice than would appear on the surface. I would like to make some suggestions for the coming year. . . .

- ?? **The first** is to become conscious of Mother Earth - to start to look at the way she is being abused and really work towards spreading a concept of respecting Earth, helping it, loving it, not trying to destroy it.
- ?? **Secondly**, to work towards a new level of tolerance and understanding, with the realisation that the wrongs of this world cannot be put right by punishment, revenge, retribution or putting down. There needs to be a much more subtle understanding of why people are erupting, why there is more violence; for it is nothing to do with alcohol or drugs. So what is the reason for the escalation of unrest here on your planet at this time - even village shops are being vandalised. It is something in the inherent nature, especially of the younger people, because many of them have incarnated to find a spiritual moving forward. But what do they find? They find they are being thwarted, pushed into this, pushed into that, told what they've got to do. . . . It won't work any more, dear friends. So my second point is to engender more understanding, more love and forgiveness. I appreciate that if a person is very violent they need to be contained in a secure situation; but they need love, help, understanding and healing. This is gradually becoming recognised but it needs to be speeded up.
- ?? **The third point**, which I regard as being equally important as the first two, is that it is about time human beings took more responsibility for what they are, how they are, who they are - responsibility towards their families and the children they create. If your planet is going to survive you'll need some kind of self-control brought about, control over the number of children that are being born. It's not quite as simple as it sounds because in some of the, what you call under-privileged countries in Africa and places like that, their whole ancestral understanding is against what I am talking about and, economically, more children means more people who can work to support the family. But they are working towards a path of self-destruction and all the aid that is being given to them is not going to work. They need help to open their hearts, open their minds, and take responsibility for the number of children they bring into the world. This applies to all countries, not just to Africa.
- ?? **Fourthly**, to learn to commune with nature, meaning **to use natural forms of energy**. That needs to have top priority over all other things because, however you approach it, your oil is going to run out. And nuclear energy is not the answer. What you have to move forward to is working *with* the earth, not *against* it. We are beginning to see how powerful Earth can be. Some of you may feel that what I am saying through Tony is a message of fear and despair, but **no, it is not**. It is, as I said through David, important that you let go of fear, because fear is the emotion that will drag you into what you are trying to work out of.

Looking at the year 2006, I see it as a year of tremendous opportunity, a year when, through force of circumstances, humankind is going to have to really start to take a new look at itself; and this means moving away from all the old traditions to find a new level of spirituality and self-understanding. So I commit 2006 to be a year of joy, laughter and really moving forward collectively as part of Earth's evolution. . . . I wish now to say some final words through David.

H-A through David. And so we have come together near to this Winter Solstice, to send out some positive thoughts. What I would like to impress upon you in all that I have relayed through Tony is that, from your perspective, what you can do most positively is hold the vision of how you would like the planet to be - how you would like humanity to be. None of you here are in positions of power within government or the United Nations or whatever, yet you are each in a position of power in relation to yourself And in that power you can be most potent. I recognise that in your life you need to travel, and that in travelling you will use your cars and other forms of transport. But you can still hold the thought of

giving respect and thanks to Earth and to all these forms of energy; and also at the same time believe emphatically that people can find a new way of relating to each other and to this magnificent planet on which you live. . . .

How much in resonance are you with your inner divinity? Allow yourself to bring that quality of divine 'God understanding' right through into your physical body, so that the cells begin to vibrate in a way which is truly harmonious and beautiful. Feel that state of being which moves beyond thoughts of hope or despair - which allows you to say 'I am', and in that 'I am' state, to be open to all experience that life has to offer, without resistance, experience that allows you to link with and connect to other human beings. And to be aware that in this process there is a rhythm; sometimes you are up at the top of the mountain and sometimes down at the bottom, for each is a facet of the whole. It is in moments such as this that you can each connect to that wonderful, higher aspect of yourselves, allowing it to flow into your physical bodies. *There is a connection to joy and celebration here and now for all of you; and I would like you to believe most firmly, as you go forward over these next few years, that your life will be filled with a rich experience that you will take with you and value as part of your soul journey.*

So, dear friends, as we each connect to that finer aspect of our own being, imagine it as a light of illumination inside, and feel you are breathing into it, being it, allowing it to fill every cell of your physical body; blending all our energies into a beautiful kaleidoscope of consciousness, of love, of balance, of joy, of wonder. And let us send out a thought that all humanity can find this same level of connection between themselves and planet Earth. Allow the magnificence of the Father/Mother God to be part of all that you are and all that you do. . . . Goodnight. (15.12.05)

*"To know yourself as the Being underneath the thinker,
the stillness underneath the mental noise,
the love and joy underneath the pain, is
freedom, salvation, enlightenment."*

Eckhart Tolle (The Power of Now)

"We must think an octave higher." Those are the words of **Victor Schaubberger** who lived from 1885-1958, and excelled as a teacher of the Science of Nature. Known as a 'The Water Wizard', he showed how living water is the key to all life, and how our mistreatment of it is at the core of our environmental problems. He pioneered the study of subtle energies and made startling discoveries that shake our present scientific and technological theories to their core. If humanity is to have any future, we need to understand Viktor's dictum and think an octave higher. He predicted global warming 70 years ago, and described Gaia's mechanism 25 years before James Lovelock. His prescriptions of what has to change are precise and radical. In a new publication entitled, **Hidden Nature – the Startling Insights of Victor Schaubberger** by **Alick Bartholomew** (foreword by David Bellamy) this important work describes how Nature works at the subtle level. It includes:

- ?? **How Nature uses crises to bring into balance a species that has got out of control.**
- ?? **The meaning and importance of biodiversity and genuine sustainability.**
- ?? **How Nature builds, maintains and elaborates in the process of evolution.**
- ?? **Forests and climate, the metabolism of trees, photosynthesis, living water, river dynamics.**
- ?? **Polarities and minute temperature changes at the heart of creation.**
- ?? **Soil fertility, subtle energies, resonance, reciprocities, sacred geometry, co-creative science.**
- ?? **Wartime development of anti-gravity for flight.**

"I closed the book with a sense of wonder at the intelligence and intention hidden within the ways of Earth and Nature." Reforesting Scotland. *"Read it for pure inspiration!"* Dr. Mae-Wan Ho, Science in Society. *"Concise and thorough; a very good read."* Frank Germano. £16 [72 illus.] Tel. 01225 833 150

"Be wise. Treat yourself, your mind, sympathetically and with loving kindness."

If you are gentle with yourself, you will become gentle with others.”
Lama Thubten Yeshe

The Helios

Foundation

The Helios Foundation is a charity dedicated to healing and illumined living. It was founded in 1983 by Greg Branson and currently has premises in London's King Cross, an area that needs a great deal of healing. They use over 60 holistic therapists and counsellors who specialise in four major areas: people with life threatening illness, children with multiple learning and behavioural problems, isolated people with severe mental illness, and elderly people with degenerative conditions. They do Soul Retrieval, Yoga and Tantra, teach Zen, Spiritual healing, Pilates, Jin Shin Do and Trance Channelling and wish to expand the educational side of their work.

They have also started a publishing house, The Eye of Gaza Press, which specialises in quality trance lectures. *“Akhenaten Speaks: The Nature of Spiritual healing”* (£3.99) is in its third printing and the recently published *“Gifts of the Spirit: Trance Channelling”* (£5.99) is a very informative and challenging book on the subject. Both are through the mediumship of Maisie Besant. . . . Greg will soon be retiring and they need talented and dedicated people to take the charity through into its next phase, which includes the setting up of a retreat centre near Horsham, West Sussex. They particularly need a fundraiser, an administrator, a receptionist, quality mediums, indeed anyone who feels drawn to their important work. If you would like to help, please contact Greg at 0207 713 7159 or e-mail: heliosc@ dialstart.net

AWAKENING THE HEART

Serge Beddington-Behrens

Our hearts are the core of who we are, and within their deeper essence are to be found all those many qualities that make us feel fully alive and connect us to our profounder humanity. Despite this, the life of the inner heart tends, sadly, to be much neglected in our western culture. This negation of the subtler life of the heart is not new. It is connected to the whole rise of our scientific materialism, where only what can be seen, touched and measured, is given value and where things that cannot be explained rationally – things mystical and feminine and loving and sacred – are deemed unimportant. At school I never learned anything about my heart. Our motto was ‘A healthy mind in a healthy body!’ Similarly at university. There I was taught to know *about* all sorts of things but never to look into my heart, which is actually the true source of our wisdom and power.

We pay an enormous price for this exclusion of the domain of the heart. Indeed, I would suggest that many of our major world problems reflect this omission. At one level, I see our planet being out of balance, polluted and raven by conflict, essentially because we, as a species, have not tapped into the laws of harmony or touched into the qualities of reverence, kindness, compassion, wisdom, love, conciliation and forgiveness, that can all only be accessed in the deeper layers of the heart.

One of the main reasons that so many people today seek their ecstasies through drugs or alcohol is that they are bereft of the experience of natural joy that would come out of a properly lived heart life. When a person's deeper heart life begins emerging, it is signalled by the presence of awe and gratitude, a greater ease of being, and an ability to appreciate the beauty and blessedness of life, together with an enhanced capacity to accept life the way it is. . . .

So let us now ask ourselves: what is required for this to take place? How may we begin to ‘grow’ our heart life? First, we must want to. We must be aware of the price we pay for our small heartedness and the benefits to be gained from becoming larger-hearted. It is helpful to seek out the often-inspirational presence of those who already are in that state. I always feel valued in their company. I never feel put down or that I have to be anything that I am not; and this in turn, reminds me to value me. And when I value me, I am reminded of how important it is to make time to love and respect myself, which implies that I must take good care of my heart and feed it well!

And what most feeds our heart is choosing to live a life where, instead of always letting ourselves be led by externals – doing what society or ‘others’ think we should do – we choose to ‘follow our bliss.’ We give up compromising ourselves and instead, honour what we discover to be our inner truth at any time. For where our truth lies, so too does our real self. To help us come into this new space, I would recommend the following diet. . . FIRST ON THE MENU is Meditation. This is a very important heart food. As the restless mind is gradually quietened, the heart can gently begin to open. Music is also significant. Certain sublime pieces cause the heart to resonate in harmonious patterns and in

doing so, it can gently begin to blossom as if it were falling in love. Our hearts love feeding on the beautiful and can be protected by avoiding things and people that 'uglify' our lives. Being in the presence of nature is also very important; its pure essence can activate the remembrance of our own pure heart essence.

OPEN-HEARTEDNESS IN RELATIONSHIPS. As our hearts expand more and more and begin revealing their hitherto hidden treasures, we realise that we have a new and inherently sacred world available inside ourselves. We can use this not only to heal ourselves more – to bring a greater quality and value into our personal lives – but also to add new dimensions to our relationships. Here, we realise that so long as we are fixated in our small clenched-heartedness, we can never see the world through our lover's eyes; we can never appreciate them properly, love them unconditionally, deal with them wisely, forgive them effectively, or stay open-hearted when the going gets rough.

When deeper heart begins to flower, however, it becomes completely natural and easy to accomplish all the above. . . In this state, many people come to see that they are not and never have been, separate from their world. Not only are they *in* the world but they also *are* the world, and while they may have their own personal families to look after, their heart will have become big enough to include the entire human family, regardless of race, religion, class or colour. The bigger our hearts, then, the wider the sphere of our responsibilities. . .

But if we truly wish to live with greater open-heartedness, it has to be a conscious decision on our part to do so. In certain instances, it may require a radical re-alignment of our entire lives. Since our hearts cannot begin opening until they feel more healed and secure, often a lot of work may be involved, at many different levels. For the person who is willing to undertake this eminently sacred challenge, and to surrender more and more to the tutelage or guidance of their heart, there are many blessings to be gained, as the higher realms of the heart are very sublime and peaceful. If we wish for a happier personal life and a healthier world, I see heart work as being one of the most important things that any of us can be involved in at this time.

Serge Beddington-Behrens is a psychotherapist with a special interest in the healing of the heart. For info on his heart-oriented workshops and retreats: T. 01451 860726 E. serge@hampnettglos.fsnet.co.uk

After Watching a Sunrise through Clouds

by **Sheridan Lane**

Light can exist without darkness, but the darkness cannot make itself known without the presence of light. In the absence of light it cannot become active. However, light is self-sustaining, while darkness seeks to consume the light. Of course, within material and astral creation there is both positive and negative light, and darkness. In human terms, people have – so far – used the word 'darkness' to describe malignancy, and light to emphasise benevolence. But in the broader argument, we have evidence on Earth that there is also malignancy manifesting as a beautiful light, and an inky-blackness that is made from lovely shades of light no human or animal eyes can perceive. Therefore, our concepts of the abstract meaning of light and darkness need clarification – to move beyond the basic black and white interpretations, while retaining the realisation and ages-old teachings, that God Almighty is always benevolent and good, and the intelligence we define as the 'Dark one' thrives upon malignant intent and action. This needs to be understood with enlightened caution, so that people do not confuse benevolence and malignancy while broadening their spiritual realisations. Perhaps this is what H-A means when he tells us that there is no good and evil – only intention.

Ed.s note: H-A was once asked how he would define the difference between good and evil and he replied:
'Intention'

CHANGES AFOOT?

How refreshing it was to read *Yasmin Alibhai-Brown's* article in the Evening Standard 5.01.06, about a new progressive movement, **Muslims for Secular Democracy**, which she and a number of Muslims have set up, "to democratise British Muslim society, inject intelligent discourse and activate dissent from stifling orthodoxies. For example, we are against both laws on religious incitement and faith-based schools. The Joseph Rowntree Reform Trust has given us funding and we are fast attracting devout Muslims committed to a secular state and human rights for all, including homosexuals." She refers to certain self-selected leaders as 'these hidebound gentlemen . . . whose views are too often embarrassing and backward' . . . and says, "It's funny that the English, or the Welsh, or the

Americans living in Britain, or white South Africans, or even Christians don't need such vigilant life-supervisors – but we do! Perhaps because we are thought too stupid to live as active, free-thinking, civic individuals. . .we are answerable only to God, who surely would never be as cruel and churlish as some of (these) righteous proclamations.” [Abridged]

Bird 'Flu and Beta Glucans

History shows that 'flu pandemics occur every 30 years or so. After this time the genetic make-up of a 'flu virus has changed so much that immunity built up from previous strains becomes irrelevant, so that herd immunity, our main defence against pandemics, has become negligible. Antibiotics are of no use in treating viral infection and the anti-viral treatments being organised by our government are inadequate to deal with the threatened pandemic. There are also doubts about their efficacy.

The best defence against viral infection is to prepare your innate immune system - the body's first line of defence against invasion by bacteria and viruses. Our bodies are continually assaulted by viruses, bacteria, parasites, fungi and environmental toxins. Stress, ageing, unbalanced nutrition, environmental pollution and lack of exercise all help to diminish the effectiveness of the immune system and adversely affect our health.

Of all the natural compounds known to stimulate the innate immune system, the best documented and most effective are the 1-3, 1-6, Beta Glucans, generally derived from Brewers Yeast. It is a pure isolate and, in the form supplied by Cytoplan, does not contain enough yeast protein to cause an allergic reaction. It is being marketed by the company under the name 'Immunovite'. It gives me great pleasure to write about this as it has helped me personally and I know of others for whom its help has been invaluable. We know that doctors and scientists are using Beta Glucan 1-3, 1-6, for themselves and their families. (The above is based on an article in the Institute for Complementary Medicine Journal, written by Dr. Paul Clayton PhD. Further information is obtainable on www.beta glucan.org or from Cytoplan Email: info@cytoplan.co.uk Tel: 01684 310099 www.cytoplan.co.uk) *Tony Neate*

BOOK REVIEW **The Psychic Protection Handbook** by **Caitlin Matthews**

I like this book. The first chapter is titled 'Reality and the Universe' and in many ways seems to sum up the tenure of the book. It offers practical solutions and empowers the reader to find ways of dealing with their lives. I loved her 'self-check' – look in the mirror before stepping out of the door and ask yourself, "How is my breathing?" Re-energise by breathing more deeply. "Where is the tension held in my body? Breath, stretch, massage or exercise it out, etc. etc. It is a down-to-earth book offering many different approaches. Well done, Caitlin, I hope many people read it - I shall certainly recommend it. Published by Piatkus 2005 –ISBN 0 7499 2609 0 £12.99 *Tony Neate*

EDITORIAL. It's the beginning of the year and **subscription time!** Hopefully, you have been reading and enjoying the past year's issues – we try to choose an interesting variety of articles and inspiration. As we said a year ago, we feel that £10 per annum is fair exchange and we therefore ask you to send it if you wish to continue receiving our Newsletter. And may we suggest that you do so NOW, while it's on your mind!! Or at the very latest by the end of March. Thank you, in advance, and love from us all. (If you have paid a contribution recently, please ignore this.)

Thank you, Helen . . . and Welcome, Helena!

Helen Lees has decided to retire from being our Administrator. She kindly took over from Lynsey and put a lot of energy into helping us take Buttercup forward. She was the person in the background who no-one saw but who contributed a valuable support system for all of us! Thank you Helen for your support and we wish you well with your new business venture *Metallic Lime Creative Design and Print.* *Val, Tony and Ann*

And welcome to *Helena Park*, who has joined us as our new administrator. Helena is a therapist at the Enigma Suite (MIHC), practising healing, emotional therapy, nutrition and EWISH (energy work and intuitive self-healing). She helped administrate Buttercup at its inception and is pleased to take up this role again.

EQUINOX PILGRIMAGE. *Fiona Hopes* will be leading a pilgrimage on Sunday 19th March at

10.30 am. Please phone her for details of meeting place etc. on 01684 892533.

For H-A lectures, see www.channelling-online.com
and please note our new email addresses: ann-neate@tiscali.co.uk and tony-neate@tiscali.co.uk

Buttercup Connections Events

Enigma Suite meetings include coffees/teas before meetings. Admission £5 (or what you can afford)

Tuesday 7th February 2006

6.45 for 7.15

"What the Bleep do we Know?"

A film (2 hrs) on marrying quantum physics to spirituality. FREE showing, with donations for room.

Presented by **Helena Park**

Friday 17th February

7.30 for 8.00

"What the Bleep do we Know?"

A follow-up discussion on the film shown last week led by **Helena Park**

Thursday 23rd February

7.30 for 8.00

Love and Sexuality in the Aquarian Age

H-A energy channelled through **Tony Neate**

Thursday 9th March

7.30 for 8.00

Bio-Energiser Detox

You could be the lucky one for a demonstration by **Val Stinton!**

Thursday 23rd March

7.30 for 8.00

"Wot's It Or! Abart, Then?"

Sharing personal feelings about our purpose in life. Facilitated by **Tony Roeber**

Thursday 30th March

7.30 for 8.00

H-A Development Group

Personal inner development work with H-A channelled through **David Furlong**

Wednesday 5th April

7.30 for 8.00

Help Yourself – Foot and Hand Reflexology Led by **Trish Hamilton**

Thursday 13th April

7.30 for 8.00

H-A channelled through **Tony Neate**

Euthanasia – Should we be able to Choose our Moment of Death?

Thursday 20th April

7.30 for 8.00

Practical Demonstration of BioNuroPulse – (tomorrow's technology today!!)

Using Sound to ease nerves and muscles. Demonstrated by **Dr Mark Draper**

Thursday 27th April

7.30 for 8.00

The Kingston Zodiac

A film of Mary Caine's work on the astrological symbols on land round Kingston, Surrey.

Presented by **Frida Siton**

Tuesday 9th May

7.30 for 8.00

Terry Moule – A Celebration of his Life

Appreciating one man's attempt to make the world a better place. Dear Terry died just over one year ago and this is an evening of discussion about the love and legacy he left us. There will be an opportunity for channelling by those who feel inspired and connected to him.

Led by **Peter Wallace, Tony and Ann Neate**

BUTTERCUP CONNECTIONS is an 'idea in action' – a coming together of free spirits who wish to connect spiritually in a way that is relevant for today, to discover through open hearts the freedom of choice to reawaken our true Self within. We explore further ideas, thoughts of a new paradigm, free individual expression in relation to health and ecology, and deep questions in our minds today.

Editors: Ann Neate, Tony Neate

Administrator: Helena Park, Buttercup Connections, c/o Malvern Integrated Health Centre,
The Enigma Suite, 78 Wells Road, Malvern Wells, WR14 4PA. Tel: 01684 560124

e-mail: buttercupconnection@hotmail.com **web:** www.buttercupconnections.com

(The Enigma Suite is situated in the car park of the Railway Inn. Please park on the road outside)

...