

Buttercup Connections – Newsletter 25

February, March, April 2007



“To help people explore themselves and their links with others - to find a better way of living.”

EDITORIAL. New Address for Buttercup Connections

As from 20th February 2007, new contact details will be:

Helena Park, The Yat, Walwyn Road, Colwall, Malvern, Worcs, WR13 6QB. Phone contact can be made with Ann or Tony Neate on 01684 893697 or if not available, then Helena Park can be contacted on 01684 541622. Email addresses:

buttercupconnection@hotmail.com

ann-neate@tiscali.co.uk

tony-neate@tiscali.co.uk

Our new venue for meetings (with all enquiries as above) will be:

Beacon Clinic, Portland Road, Great Malvern, Worcs., WR14 2TA.

Sadly, this is due to a change of landlord at The Railway Inn. The new landlord is not interested in our activities, wishing to change The Enigma Suite back into a Skittle Alley.

Nothing stands still and we must all accept that it is time to move on. The Centre has provided a great deal of help and support to many people and we would like to extend our very special thanks to Val Stinton who, during her time as Manager, did so much to make it such a welcoming and friendly place to be and work in.

For those of you who went to any of the practitioners at The Enigma Suite, you will be pleased to know that they have relocated to *Pathways to Vibrant Health*, which is at the newly refurbished therapy centre at Runnings Park, Croft Bank, West Malvern, WR14 4DU. Karen Cooper has taken over that Centre from Henley & Tricia, installing a new Floatation Room and a dry Sauna, and is offering a wide range of therapies. It looks gorgeous! Full details can be obtained from Karen on 01684 891492, or e-mail:

karen@cooper14.fsbusiness.co.uk website www.pathwaystherapycentre.co.uk

2012 - How will our Entry into the Aquarian Age Affect us?

H-A channelled by Tony Neate 30.11.06

Here we have an interesting subject, the year 2012, the end of the Mayan calendar. Is this the end of the planet? No it is not. Is it a beginning? Well it is both an end and a beginning. I would like to define it as a year of initiation for the entire planet. For this is the time that it moves finally from the Age of Pisces into the Age of Aquarius; and what happens as we enter this coming age is entirely dependent on every form of evolution on the planet - not just on homo sapiens. That means all the kingdoms and all the energies that go to make up your planet as a whole being.

Over the past 50 years there has been a rising energy on the planet. On one hand there have been immense polarisations; and on the other hand, new ideas, new thinking and thought are emerging. I take great pleasure in acknowledging how the energies that are being brought to help the planet are beginning to come home to many spirits that are choosing to come into incarnation at this time to help the planet move forward. There are many implications. How does Gaia or Mother Earth feel about the way it has been treated by all the other kingdoms, not just homo-sapiens? What does the **consciousness of the** fish kingdom feel about the pollution in the sea, the gathering climate change?

I would ally climate change to this movement from the Piscean to the Aquarian Age. Yes, of course it has not been helped by homo-sapiens' indiscriminate use of fossil fuels and the destruction of rain forests without any regard for the other kingdoms. This is why recently

I have been harnessing those three thoughts for everyone to think about: UNCONDITIONAL LOVE, FORGIVENESS AND, ABOVE ALL, RESPECT. These are qualities that will take the planet forward; and from now to 2012 the energies are going to increase steadily every year. This year, 2006, has been the year of the unexpected. Next year, 2007, will be a very different year; there will be a flow of energy right the way through, but a flow that you will need to be comfortable with and to move with.

2007 will be a time of looking forward, allowing your own intuition to really come into play. Remember dear friends, that this intuitive side, call it imagination, call it spiritual sensing, call it whatever you want to call it, is that side of you that

is the opposite polarity to the academic brain, the clinical brain, the scientific brain; it is that other side. And if you look at your planet over the past 50 years again, the advances made scientifically have been huge. Now this has endangered the balance between the intuitive and the scientific and it is really important that you all do your utmost to work on your own intuitive side to help bring about a balance between these two aspects.

Everything that takes place in evolution is a polarity. You may be in a masculine body but you have a feminine side. You may be in a feminine body but you have a masculine side; and it is important to look at that other side within you, to honour it and treasure it and to find a balance in how you express it.

BREAKING FROM THE PAST. One of the most significant things of this coming age is that individual spirits will tend to break away from their tribal cultures; and here I am talking of religions, philosophies and ideas. As the years have gone by and the level of fear on the planet has increased, so have some cultures become more and more rigid. This is a cause of a great many problems on the planet especially when a culture interferes with the natural growth of a particular group of people. As we come into this Aquarian age, more and more individual ideas and thought will come into play. New approaches to understanding problems, difficulties, and how to solve them. Taking a very broad holistic look; not a rigid single glance saying it must be this or that, but looking at the whole picture. I would like to suggest to you that this is a model that you could all look at closely and see how you could apply the same principles in your own life. Because when we actually get to 2012, this will be when those with extreme views will reach their peak.

It will also be a time when those who are opening their minds and hearts to their spiritual mission will reach a peak. So it is important as we approach 2012 that you can all work towards creating a balance. This means LISTENING, NOT JUDGING. HEARING, NOT TRYING TO MANIPULATE. SUPPORTING, NOT BELIEVING THAT YOUR VIEW IS THE ONLY ONE; NOT TRYING TO PUSH YOUR CULTURE ON TO SOMEBODY ELSE.

It comes back to what I have always said when people have asked me about healing, whether you call it spiritual healing, energy healing, reiki healing or whatever; healing is not about curing. Healing is about enabling your patient to really be in touch with their own spiritual mission, so that deep down inside on a very subtle level they can look at themselves and say 'Why have I got this problem? Do I want it, do I need it, do I want to move beyond it? Am I ready to leave this life?' All those many questions that will come up within when you give healing energy. It is not about manipulation, it is about enabling.

A YEAR OF UPHEAVALS. The year 2012 will be a strange year. There will be all kinds of climatic upheavals, political upheavals, religious upheavals. But looking at it overall, it will be as I said earlier, an initiation. It is important to approach it without fear, without prejudice, without believing that you are right and everyone else is wrong. Look to the higher levels of consciousness and help them to fill the hearts and bodies of all those around you and beyond who wish to receive that love. Remember, every thought that you think goes out into the universe for eternity and when your spirit eventually rejoins the Godhead, you add to it, because each one of you and every spirit on the planet in whatever form of evolution, is unique. No two cats are the same; no two dogs are the same; no two trees are the same; no two human beings are the same. And that is one of the beauties of evolution.

Now in this time leading up to 2012, it is really important to carry on as you are doing, but allow your energy to come through you a little more strongly each day. Allow your face to break into a smile; allow your heart to break into a smile. Do not dictate to yourself or have expectations, just allow it happen. But have that motivation, that directional impulse, that takes the two parts of you, the balance of the light and the shadow, the positive and the negative, and not only brings them together but helps to move you forward with a greater understanding of why you are here.

As each year goes on towards 2012, more and more technical ideas will come to light and there will be some amazing scientific discoveries. Some of these need to be looked at with great skill and deliberation for they would be dangerous in the wrong hands. But it will be a period when you must work through fear because fear is the motivating energy that pushes you into the shadow, that says 'you must be in control', 'you must have justice'!

SO WHAT IS JUSTICE? Justice is not about unconditional love; it is about revenge and retribution. That's a thought, isn't it? It is a reflection of the laws created by man, not by God. Now I realise that in a society, and a multi-cultural society such as yours, you have to have some rules and ways of enabling people to find a proper level. So I am not suggesting it should be a free for all. But I am suggesting that much more time and effort needs to be placed on helping those who are out of balance, who are motivated by fear, who want to destroy because they are frightened of themselves and what they have created inside them.

What a wonderful opportunity! Are you not all privileged to be incarnate at this time? As we go into 2013 – 2014, a different sun will shine, in the sense that it will be the beginning of an age of the individual rather than of the group. Much

of the tremendous group control that has arisen in commerce, politics and religion will begin to breakdown and individual concepts and ideas will start to become more important.

So prepare for 2012 now. Keep working on that intuitive side of yourself, allow it to develop. Do not fall into the trap of believing that you know it all, but treasure those doubts that make you look at yourself and examine yourself. The whole area of help is going to expand into many different levels; there will be energies from other planets, other solar systems and even other galaxies. Because the balance of your planet is very critical in your solar system and it just so happens that at this present time at the end of the Age of Pisces, the fear element has become so pre-dominant that it has over-ridden commonsense, unconditional love and understanding. All of you need to say to yourselves, 'The only approach that is right for me is the one that FEELS right for me. I am going to allow myself to have my own individual understanding of the Godhead and what it stands for and what I stand for'. So allow that to happen; allow yourself to 'be'; acknowledge yourself; honour yourself and those around you. Allow yourself to become aware of your own guidance and those energies that are supporting and helping you, because their energy will also increase over the next 6 years.

These are some of the challenges that await you. It will be as I said at the beginning, a 'global' initiation. Look back over your lives, look at the initiations that you've been through when you have had to make difficult decisions - and then you have said to yourself, 'Have I made the right decision?' Let me reassure you THERE ARE NO RIGHT OR WRONG DECISIONS, ONLY THE DECISIONS THAT YOU MAKE. THERE IS NO SUCCESS OR FAILURE, THERE IS ONLY WHAT HAPPENS.

A SECONDCOMING? About 50 years ago, someone said to me, 'Is it true that there will be a Second Coming? And my answer was: 'Yes it is true, but it will not come as an energy through a human being. It will come as an energy around the planet'. And that Christ energy is here now. Anyone of you can access it if you wish. But it is not just the Christ energy, it is the Buddhic energy, the Islamic energy etc, all these different religions are archetypes of energies that came from the sixth plane. Sadly, many of them do not now reach to the sixth plane because they have become embittered with revenge, retribution, punishment and putting down. The higher planes are about unconditional love because that Ultimate plane, the seventh plane that you call God, is an Ultimate level of consciousness. It is where there is total balance between light and shadow. It does not judge, it does not manipulate, it does not interfere. It is part of a universal energy that your spirit has the freewill and choice to encompass, to move towards, knowing that each incarnation is a part of your overall journey. (Abridged)

REMINERALISING THE SOIL

Ann Neate

Many years ago I wrote an article for a magazine called *Leading Edge* entitled

"EARTH HERSELF HOLDS THE SECRET – a Population Explosion that could Save our Lives", the 'population' being that of the micro-organisms in the soil; and that what they need to feed on in order to multiply is fine powdered rock dust. Rocks are made up of minerals and, ground down to a fine dust, will remineralise the soil causing a micro-organism 'population explosion'. It is these minute organisms that then create abundance as they feed the crops and all plant life which, in turn, feed the animals and ourselves. As the forests are rejuvenated, they consume the excess carbon dioxide in the atmosphere and thus help the planet to maintain an ecological balance. . . . I quoted from John Hamaker's book "THE SURVIVAL OF CIVILISATION" www.remineralize.org in which he wrote:

"MICRO-ORGANISMS produce the protoplasm of all living things. They feed on the total mixture of minerals and gases in the biosphere and are energized by carbon. We can build enormous tonnages of protoplasm per acre into the soil in a very short space of time – enough so that sun energy reaching the plant becomes the limit of growth. The foods of micro-organisms are the cheapest raw materials on Earth". . . .Hamaker's words were accidentally proven in Austria, where a lorry load of rock dust fell from a bridge that was being resurfaced, on to an ailing forest below. The forester was amazed when, after two years, the trees in that area grew and blossomed healthily, in comparison with the surrounding forest. The Regional Austrian Government subsequently launched a massive programme for feeding its forests with fine ground gravel dust." The forester was: Herr Robert Schindele, Post Gansbach No. 289, Kiching 18, Neider Oesterreich.

Then I read in "RETHINK HEALTH – NOVEMBER 2006" doctorpetermansfield@yahoo.co.uk . . .

"WATER AND SEA MINERALS. I have been giving thought lately to the subject of water, minerals and the sea, because a new possibility has come up. The concentrate left over after sea-salt has been extracted from seawater remains very rich in minerals, more or less in the proportions (except for sodium chloride) defined when life began. This is proving very beneficial when sprayed in dilution on the land, and I would expect this practice to spread rapidly

around the farms of Britain. More to my surprise, some people have ingested it themselves and seem to have benefited. It can't all be placebo because two patients were racehorses! I have written a paper on the subject which you can have by email if you care to ask." (See above)

You need to read it if you are interested, but I quote here a few sentences:

"We have not yet succeeded in spoiling the ocean's legacy. If we wish to repair the mineral damage done to the land, we could start with the sea. . . . People have. Not only do we treasure as a condiment the mineral salts harvested by evaporating seawater in shallow pans, but some coastal farmers have long used diluted seawater to fertilise their crops. They report more robust, flavoursome plants and their enthusiasm is infectious. . . . In the process of making sea salt condiments . . . most of the salt crystallises out. What remains is a heavy, clear, bitter fluid known as 'bitterns', which the manufacturer flushes back into the sea. . . Surely this is a lost opportunity. Salvaging the bitterns and distributing them to the land is an elegant, simple and manageable way to rebuild soil mineral composition. It is, near enough, reversing the demineralisation our recent farming methods have caused.

To me, this feels exciting and important. To salvage something that is literally being thrown away but can have such a profound and far-reaching effect if applied in a practical way, seems to have enormous potential. And it could interest farmers in no small way. There are already research trials on potato crops taking place with amazing results. Do pass this info on to any farmer you might know. (Fordhall – please note!).

PS Incidentally, reading in 'The Independent' recently an extract from Darwin's 'The Origin of the Species', he comments on encountering 'a party of Indians' (in South America) going to a salina for salt. "The Indians eat much salt" Darwin says, "their children suck it like sugar. Apparently people living on vegetable food have an unconquerable desire for salt." Hmm – interesting!

"Imagination is more important than knowledge." Albert Einstein

MORE ON 'TEACHING FREEDOM'

" . . . it is generating remarkable results in the classroom and I believe it has a real future as a catalyst for transforming education." James Dakin.

Two reasons why **Teaching Freedom** is special:

- It challenges our current approach to education, which is increasingly about cramming facts and knowledge into young minds and then measuring their 'intelligence' by their ability to remember these facts. This is at the expense of evoking an understanding of the subject, its relevance to the child's immediate world and, therefore an understanding of their place and role within it.
- It focuses on developing and sustaining children's innate fascination with their world and their natural thirst for knowledge, thereby developing a deeper understanding of the topics they are learning about. Understanding generates interest and interest will inspire more children to stay in school, go on to higher education & discover how they can contribute to their community, society and world.

TEACHING FREEDOM develops teachers' self-confidence and self-esteem. It uses creative visualisations to captivate the imagination of the listener as they are transported into worlds of adventure, discovery and intrigue, where they can travel to any part of our world or go back in time to meet famous characters in history. It brings learning to life and makes it great fun.

For example: If I wish to teach 30 children from all walks of life about soil and rocks but we live in a city, I could show them pictures but we couldn't dig up a field. If I capture their imagination by changing them into a rabbit or a mole, they could then burrow into the ground to experience it for themselves – *much* more fun and *much* more memorable. They would see, hear and feel it for themselves and thus remember it more easily.

264 teachers and 8,000 children in 51 Primary schools have already benefited from this training and the motivation is that the UK government will help it become part of teacher training throughout the country. Far from detracting from academic success, it actually achieves better results. It also helps teachers develop their creativity and sense of fun, improving relationship with the children. Already interest is spreading to other countries.

We wish you well, James, it sounds great and just what our education system needs to light it up! Contact: **James Dakin, Teaching Freedom Manor House, Skirpenbeck, York. YO41 1HF. 01759 377429**

**“Feel with the *brain*,
Think with the *heart*,
Act practically”** *A R Orage 1873-1934*

Recognising a Stroke

A neurologist says that if he can get to a stroke victim in 3 hours, he can totally reverse the effects of a stroke – totally. He said that the trick is getting a stroke recognised, diagnosed, and then getting the patient medically cared for within 3 hours. Not easy! Thank God for the sense to remember the ‘3’ steps, S T R (oke).

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster and a stroke victim may suffer severe brain damage when people nearby fail to recognise the symptoms of a stroke. Doctors now say that a bystander can recognise a stroke by asking 3 simple questions:

**S Ask the person to SMILE
T “ “ “ “ TALK eg to say: ‘It is sunny out today’
R “ “ “ “ RAISE BOTH ARMS.**

And there is a 4th sign: ASK THE PERSON TO STICK OUT THEIR TONGUE. If it goes crooked – to one side or the other – or he or she has difficulty with JUST ONE of these tasks, call 999 immediately and describe the symptoms.

Understanding . Kindness . Gentleness . Loving .

Take time to contemplate and reflect on the wonder of the vibration of these words, not only their meanings, but the energy and power they can have upon all races, all ages. They are nurture to you all. You need this, not only when you work on yourself but when you give out in service to the world. The energies of these words have great strength which can help to guide others in times of difficulties.

There is so much hard and aggressive energy, that softness is required, but not in a weak way. Using the vibrations of these words you can sound out this energy. Watch for the reactions as you do so – words spoken with kindness and in a loving way can be responded to. A wise person will speak softly and gently to put over points of purpose. With kindness, with no harmful intent, so much more can be achieved. Remember, there is power in the spoken word if the vibration of the word is put over with the right sound, intent and energy. Allow your words to flow out of you with a wonderful song of purpose and power,

just as if you were a small bird sending out messages.
Words need to be used carefully; avoid using words to fill spaces with sounds that are unnecessary. Use kind words with gentleness, and always, but always with love.

An inspired channelling by **Penelope Coomber**

Book Review PROPHECY – What the Future holds for You

by **SYLVIA BROWNE**

An astounding book. Sylvia starts by asking: What is a prophet? She covers a wide range of options from the American Indians and the Aborigines, various religious prophets; to people like Nostradamus, Sir Arthur Conan Doyle, Helen Blavatsky, H G Wells, Edgar Cayce and even Sir Winston Churchill, who predicted the German invasion of France 2 years before it happened, the atomic bomb, the formal establishment of the state of Israel, even the collapse of the Soviet Union!

She spends time looking at the future of our planet from ecological and environmental viewpoints, politics and the economy – she even predicts that a President of the USA elected sometime after 2008 will die in office of a heart attack, and that the Vice President in line to finish his term “will have the unpopular and terribly mistaken intent to declare war on North Korea.” She predicts that, “in the midst of his unsuccessful attempts to rally congressional and international support for a declaration of war, he’ll be assassinated”

The book is full of fascinating and thought provoking predictions, even suggesting that the current concept of marriage will be superseded by a return to communal living. Near the end of the book is a beautiful quote from the Aborigines:

We’ve got to learn to love one another.

You see, that’s really what’s going to happen to the earth.

We’re going to have tidal waves. We’re going to have earthquakes.

That’s coming because we don’t consider this land as our Mother.

We’ve taken away the balance, and we’re not putting back.

This book is a **must** for anyone interested and concerned about the future of our planet.

Published by Piatkus £7.99 ISBN 0-7499-2744-5

Tony Neate

FUTILITY – A ‘Pandora/devil’ card. Inspired thoughts by Pamela Russell

Futility – and the little devil is filling his bucket at the well, only the bucket has holes in it and the water is running out. He’s wasting his time, his work is futile. There have been so many times when I have thought this path is futile, this life is futile, where is it leading? What is it about? And in thinking so, I have given my power away.

“The Power is within you, to choose the very bucket you collect the water in, for water is an essential element. So you choose a bucket with holes that will leak and waste away this wonderful energy? Or a bucket that is sound and will contain every drop you allow in? For it is your choice, even to choose what you fill your bucket *with*. To fill it with anger, guilt, shame, will indeed be futile, for these negatives breed and grow, blocking the way for love, light and healing, and damaging your bucket; so that when love comes along, or light or healing, they spill out for the bucket is already full.

“And you do not have to continue the struggle with that old bucket; you can put it down, cast it aside, banish it from your path and choose instead a new bucket. Still you will see there is a choice: there is one that is bright and shiny, full of glitter and tinsel; and there is one that is solid and empty for you to fill with what you will. With this choice comes temptation. It would be so easy to choose the one full of baubles. But look within and you’ll see this is FUTILITY, for the bucket has a false bottom and the glitz and glitter hide the emptiness within. So, in your wisdom, you choose the empty bucket and fill it with your love, UNCONDITIONAL LOVE from the great Universal Source. For this love contains the light and the healing for you, and for you to spread and share. It does not waste away for you have let go of FUTILITY.”

CHILDREN’S PRAYERS TO GOD Dear God . . .

Dear God, Instead of letting people die and having to make new ones, why don’t you just keep the ones you got now? *Jane*

Dear God, I went to this wedding and they kissed right in church. Is that OK? *Neil*

Dear God, I think the stapler is one of your greatest invention. Ruth

Dear God, I am American. What are you? Robert

Dear God, Thank you for the baby brother but what I prayed for was a puppy. Joyce

Dear God, If you watch in church on Sunday I will show you my new shoes. Mickey

Dear God, If we come back as something please don't let me be Jennifer Horton because I hate her. Denise

Dear God, If you give me genie lamp I will give you anything you want except my money or my chess set. Raphael

Dear God, Maybe Cain and Abel would not kill each so much if they had their own rooms. It works with my brother. Larry

Dear God, Please send Dennis Clark to a different camp this year. Peter

Buttercup Connections Feb / May '07

Meetings held at THE BEACONCLINIC, Portland Rd. Great Malvern

Admission £5 (or what you can afford) and please check the times

Wednesday 28th February 2007

7.00 for 7.30

Understanding Other Perspectives 9 - The Baha'i Faith

Our speaker will be **Simin Rahmanian**, a blind Iranian lady, who is an international speaker.

Wednesday 7th March

7.00 for 7.30

The Significance of Chiron in an Astrological chart

Chiron indicates our wound and our special gift. **Ann Neate** (Bring own chart if you have one.)

Wednesday 14th March

7.00 for 7.30

H-A Development Group

Personal inner development work with **H-A** channelled through **David Furlong**

Wednesday 28th March

7.00 for 7.30

Home with God 2. **Peter Wallace** and **Tony Roeber** will host a second session on Neale Donald Walsh's latest book "Home with God".

Wednesday 4th April

7.00 for 7.30

Your Questions Answered – (personal or otherwise)

H-A energy channelled through **Tony Neate**

Monday 16th April

7.00 for 7.30

Spirit/Body Interface 2

The effect of Healing on the Hormones, the Nervous system and the immune system. Talk and discussion led by **Fran Doidge**, scientist and healer.

Monday 23rd April

7.00 for 7.30

A Guided Tour around Acupuncture – stopping at Points of Interest!

Talk and discussion with overhead projector by **Ben Stevens**, practitioner at the Beacon Clinic.

Wednesday 2nd May

7.00 for 7.30

Is World Peace possible?

H-A energy channelled through **Tony Neate**

Wednesday 9th May

7.00 for 7.30

H-A Development Group

Personal Inner Development work with **H-A** channelled through **David Furlong**

BUTTERCUP CONNECTIONS is an 'idea in action' – a coming together of free spirits who wish to connect spiritually in a way that is relevant for today, to discover through open hearts the freedom of choice to reawaken our true Self within. We explore further ideas, thoughts of a new paradigm, free individual expression in relation to health and ecology, and deep questions in our minds today.

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