

# Buttercup Connections- Newsletter 33 March, April, May '09



*"To help people explore themselves and their links with others - to find a better way of living."*

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## Astrology can provide Economic Guidance

It is interesting that people in general do not follow astrological trends, and I am not referring to Sun signs as in the media, but to future influences that are easy or stressful. Here are a couple of simple examples that have a strong bearing on what's happening today. Let us take Pluto. It may be more or less dismissed by astronomers as a planet, but it certainly is not by astrologers. For whatever reason, its influence is always profound. It changes and brings to the surface what needs to be transformed, it leaves no stone unturned. When a person is undergoing a crisis, transiting Pluto, ie where it is in the sky, is nearly always playing a significant role in their astrological chart, perhaps conjunct their Sun or another essential aspect. It can be very uncomfortable but eventually turns out for the best, with improved circumstances – a sort of cleansing. Also, being so far away, its movement is very slow and so it lingers, taking 12-15 years to move through one sign of the zodiac.

So, given the state of the economy at this moment, where is Pluto now? It has just left Sagittarius and moved into Capricorn. Sagittarius is ruled by Jupiter, the great fiery planet of expansion, often OTT. Pluto has now moved into Capricorn – a very different kettle of fish. Ruled by Saturn, Capricorn has a sobering, down-to-earth influence and governs official bodies, banks, institutions, governments. As Roy Gillett says in a recent article in the Astrological Association magazine: "Constant expansion can lead only to jaded exhaustion... Pluto in Capricorn comes just in time to save the ecosystem of the planet and ourselves from hyperactive psychosis, driven on by our boom-crazed political tempters... (But) Is 'doom' the only way to see less work, less consumption, less aimless running about? Is spending more time with our loved ones, learning how to tighten our belts, having less but enjoying more, such a tragedy? Maybe the problem is more for those who seek to develop and then manipulate our greed, and misuse the fruits of our endeavours... The Governor of the Bank of England protests

that he cannot be expected to plan with the benefit of hindsight. Yet throughout the 21<sup>st</sup> century, astrologers have been expecting major world restructuring in 2008/12." And another example: right now there is a stellium (group) of 6 planets in Aquarius, the sign of humanity, freedom, unconventional ideas, and we are just 3 years away from Earth's final shift into the Aquarian age, lasting approx. 2160 years. Is this a prelude, a taster? How timely!

What is exciting is that humanity is at last starting to come together. This morning the Chancellor of the Exchequer was saying, "The countries of the world simply must, must, *must* come together now. We all depend on each other. We are so interlinked." And, I would add, that Pluto influence is flushing out those who have gone over the top in their greed.

So rather than doom and gloom, we have exciting times ahead. Yes, they will be hard. Yes, we will have to tighten our belts. But, looking ahead and knowing how Pluto works, much good will come out of it – greater honesty and greater trust, for a start!

## and speaking of Trust . . .

**Daniel Barenboim's** orchestra in Israel, the West-Eastern Divan Orchestra, which he set up together with a Palestinian-Arab, is going from strength to strength. He says, "A symphony orchestra should be a perfect template for democracy. When you play in an orchestra you have to express yourself and, simultaneously, listen to what others are playing. At each desk, an Arab sits next to an Israeli; and in the first half of a concert an Arab violinist is the leader of the orchestra, in the second half, an Israeli takes over as leader."

After a Ramallah concert last year, Barenboim gave a speech in which he included these words: "**Either we all kill each other, or we share what there is to share.**" I'm sure there are many people on both sides who would readily concur with that statement. There needs to be compromise on both sides. That sort of risk must surely be better than the escalating violence that continues and continues and continues, *ad infinitum*, to the detriment and suffering of both sides. **Rabbi Michael Lerner**, editor of Tikkun magazine, wrote a very balanced article in which he states that the basic condition for creating peace is to help each side feel 'safe'. He makes proposals for the terms of a ceasefire to be imposed by the United Nations. [rabbilerner@tikkun.org](mailto:rabbilerner@tikkun.org)

**Ann Neate**

## Blue Moon Channelling Group Inspiration 2008

**Rob:**

There seems to be some hesitancy; who is to go first? I sense that this is the main reason for delay this morning. Yet it is good to remove structure at times. Structure can become a comfort, a crutch on which we lean to help us through the uncertainties we face. Human existence seems to crave structure, to crave knowledge of where you belong, in society, in a group of friends, in a family. Such structure, while comforting, can be inhibiting in situations like this, where one is allowed to be open to receive guidance/ inspiration. Don't see structure as a bad thing, just try & let go of the concern about what will come. Trust that your energy, your group's energy, will receive the wisdom that is appropriate at this time & place. For every group has an energy & when a group works harmoniously together, the content, the structure of that occasion will represent the combined collective wisdom.

Of course, some people find it difficult to forget their 'agenda', their own ideas, plans & even ego. But is that not part of your challenge in a human form? Ego & agendas aren't necessarily good or bad, but it is useful to be aware that they exist, particularly in yourselves. For if you cannot recognise an agenda or an influence of your own ego on the things that you do & the people you are involved with, then it can become detrimental; the group's harmony can be muddled by the intentions of an

ego. You need to acknowledge that each of you has an ego & become aware of your own intentions, your wants, your needs, & of how you express that, particularly in a group of people that you love & care for. We understand that each of you would not wish to harm another, let alone someone who is close to you; that would never be your intention. We expect that you learn to forgive yourself the mistakes that you do make, where another maybe be harmed, aggrieved or upset; and to forgive yourself, as we hope they will readily forgive you.

You will all evolve from what you learn & the next time you meet you may perhaps sense something different, something that is more honest, perhaps with more integrity. In many ways the concept of wisdom is not that which can be gained from another person's words or actions, but from understanding your own words & your own actions. For that is the wisdom which would be most meaningful to yourselves, & that is the wisdom that will in turn be more harmonious for the group. That is all we wish to say. Thank you.

### **AC:**

Let down your guards, dear ones, for we will not hurt you. We are the air, the fire, the water, the land, the land beneath your feet which grounds you, which keeps you solid & safe. The air above your heads that allows you to breathe. The fire in your soul & the fire in your bellies which makes you active; and the water, your source, your emotions. Embrace these four elements, they have much to teach you and you have much to learn. So let down your guards & feel it, experience it, be free with it. The four elements are within you & without, above & below & all around. Do not look to one direction in particular, look behind you, before you, around you, above and below you. And of course, within. It is your inner wisdom which will lead you forward in this lifetime. Your inner wisdom is the key for you.

We will help you, the four elements will be there to guide & support you and you can draw knowledge from these four elements. But it is your inner wisdom which allows you to be free on your path and guide you. Listen to your inner wisdom, your inner voice, and use the four elements to give it richness, to give it character, flavour. You can also use archetypal energies and their different qualities. Draw on them within you, for they will help and guide you. They will guide your inner wisdom. Good luck.

### **Bob:**

We ask you to trust. You live in a context of society where what you believe is not what most people seem to believe and so your beliefs and your instincts can be at odds with the society in which you live. And that must create some tension, a lack of belief, or at least a hesitation, so that all the time you are challenging yourself & questioning: Is this real? Is it true? Can I feel that? Do I know that? And it's something you have to decide for yourselves.

The more work you do, the more you will come to understand and to believe. These beliefs challenge your self-confidence, they challenge you amongst your friends and society at large. But in your heart you know and it is that inner knowledge and reassurance that you can hold on to, to take you forward. There are more of you now receiving inspiration than there were a generation ago; all the time there are more people who are awakening to what might best be called 'alternatives'. Some of these alternatives will in time be dismissed, others will become central to the way society operates; but it is up to you to put these beliefs into practise. It is up to you to model your lives around your own values which may be different from the values of the society in which you live; and to do that you need self-respect, self-esteem & courage.

So remember that you are always there for each other and that we are always there, here, anywhere and everywhere for you. We wish you well. Thank you

## **Freedom, the Eagle, & Jeff**

**Freedom and I have been together 10 years this summer.** She came into the centre where I work - Sarvey Wildlife – in 1998, a baby with two broken wings. Her left wing doesn't open all the way even after surgery; it was broken in 4 places. She's my baby.

When Freedom came in she could not stand and both wings were broken. She was emaciated and covered in lice. We made the decision to give her a chance at life, so I took her to the vet's office. From then on, I was always around her. We had her in a huge dog carrier with the top off, and it was loaded up with shredded newspaper for her to lay in. I used to sit and talk to her, urging her to live, to fight; and she would lay there looking at me with those big brown eyes. We also had to tube feed her for weeks.

This went on for 4-6 weeks, and by then she still couldn't stand. It got to the point where the decision was made to euthanise her if she couldn't stand in a week. She was going to be put down that Friday and I was due to go into the centre on Thursday. I couldn't bear the thought of her being euthanised; but I went anyway. When I walked in everyone was grinning from ear to ear. I went immediately back to her cage and there she was, standing on her own, a big beautiful eagle. She was ready to live and I was just about in tears. That was a very good day.

We knew she could never fly, so the director asked me to glove train her. I got her used to the glove, and then to jesses, and we started doing education programs for schools in western Washington. We wound up in the newspapers, radio and on TV. Miracle Pets even did a show about us.

In the spring of 2000, I was diagnosed with non-hodgkins lymphoma. I had stage 3 which is not good – one major organ plus everywhere – and I did 8 months of chemo. I lost my hair, the lot. I missed a lot of work, but when I felt good enough I would go to the centre and take Freedom out for walks. She would also come to me in my dreams and help me fight the cancer. This happened time and time again.

Fast forward to November that year, the day after Thanksgiving. I went in for my last checkup. I was told that if the cancer had not gone after 8 rounds of chemo, then my last option was a stem cell transplant. They did the tests and I had to come back on the Monday for the results. I went in on Monday and was told that all the cancer had gone.

So the first thing I did was to go to the centre and take the big girl out for a walk. It was misty and cold. I went to her flight and jessed her up, and we went up to the top of the hill. I hadn't said a word to Freedom, but somehow she knew. She looked at me and wrapped both her wings around me to where I could feel them pressing in on my back. I was engulfed in eagle wings. She touched my nose with her beak and stared into my eyes and we just stood there like that for I don't know how long. That was a magic moment. We have been soul mates ever since she came in. This is a very special bird.

I have had people who are sick come up to us when we are out and Freedom has some kind of hold on them. I once had a guy who was terminal come up and I let him hold her. His knees just about buckled and he swore he could feel her power coursing through his body. I have had so many stories like that and, for me, it has been an honour to have been so close to such a magnificent spirit as Freedom.

**Jeff**

## Joy

It's Joy, said the condor, speck high on great wings!  
It's Joy said the seagull as it swept past the foam.  
The sparrow joined in with a crumb in its beak;  
Joy is. . .just living. . .although I can't speak!

Verse taken from a poem in Eric Gladwyn's new book of poetry:

'The Beauty of the Feminine, Love and Family' (ISBN: 142511463-6)

## Fluoridation rears its ugly Head, yet Again

**“Fluoridating water is essentially medicating people without their permission.** Besides the reality of negative health effects, this is an issue of medical ethics; and the European Convention on Human Rights and Biomedicine distinctly states that individuals have the right **not** to be medicated without their consent.” Stuart Jeffery of the Green Party has made this statement since the Health Secretary, Alan Johnson, recommended in Feb. last year, “that fluoride should be routinely added to UK water supplies.”

Most European countries have managed to reduce levels of tooth decay in recent years, in almost all cases without fluoridation. But while we continue to feed refined sugar to children in schools, efforts to reduce tooth decay will be in vain.

### **FLUORIDE ...**

- is a poison, more powerful than arsenic, a by-product of a manufacturing process.
- pollutes the environment.
- has been classified as a medicine. Some believe it helps prevent dental decay.
- serious research in 2000 by the University of York was unable to confirm its safety or effectiveness.
- has never been passed by the World Health Organisation.
- we are the only country in Europe that adds fluoride to the water supply.
- side-effects include mottled teeth, particularly in youngsters.

Dr. Peter Mansfield, in his paper 'Counting the Cost of the Way we Choose to Live', says of Dental Health: **“Almost all dental disease is preventable by good diet, including no refined sugars or starches and a lot of chewing on fibre. Fluoride may, as a licensed medicine, help some of the worst cases, but the producers of it should be paying us to use it. Fluoridation of water and dental toiletries offer nothing but free dumping of a dangerous industrial waste. It is the worst example of public health officials' supine acquiescence in commercial imperatives.**

**“I wish all public health issues were this simple, but dentistry is. Instead, we spent nearly £220m on dentistry in 2003, just under 3% of the cost of the NHS. Most of that and the costs of water fluoridation could have been saved.”**

### **Some other thoughts by Dr. Peter Mansfield.....**

'I define health as the ability to participate in creation. That makes every living thing a facet of “god”, relating as part of the entire natural universe which is all bent on the same creative process. Perhaps the Universe, as we know it and as we don't, exists to display and express Creation, God, Love, Unity - whichever word turns you on. They are all names for a process, not a condition or person - that has been our mistake. Life is a journey, not a destination. It is *how* we travel that counts, not what we have or have not.'

## **The Akashic Field**

**Altazar**

### **Rossiter**

There is a growing awareness that the ground of all being is the universal field of consciousness that quantum physics calls the Zero Point Field. This field is also known by other names: the Akashic Field, The Source and The All that Is. We can only exist within this field and because of it./ It must therefore be *in*-forming us all the time. How can we become aware of it, and how can we engage with it consciously?

The answer is through Spiritual Intelligence and **conscious intent**. The nature of the 'field' is that it is quiescent, yet pregnant with infinite possibilities which it

manifests upon receiving relevant instructions. It waits for our instructions which take the form of setting and giving intent. This is a thought process by which we condition the aspect of the 'field' that is integral with our individual life form. Our thought creates a disturbance in the 'field' that ripples outwards. The more focused intent we hold in this process, the more creative [or destructive] force is harnessed to it. The 'field' is in actuality constantly manifesting the unconscious creations of scattered and unfocused intent.

Ed. Interesting! And it is up to us how we use it.

## **YOUR MEMORY BANK ACCOUNT**

**A 92 year-old, petit, well-poised and proud man**, who is fully dressed each morning by

8 o'clock, with his hair fashionably combed and shaved perfectly even though he is legally blind, moved into a nursing home today. His wife of 70 recently passed away making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready.

As he manoeuvred his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window.

"I love it!" he stated with the enthusiasm of an 8 year-old having just been presented with a new puppy.

"Mr. Jones, you haven't seen the room; just wait."

"That doesn't have anything to do with it," he replied, "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged, it's how I arrange my mind. I have already decided to love it. It's a decision I make every morning when I wake up, I have a choice: I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the parts that do. Each day is a gift, and as long as my

eyes open, I'll focus on the new day and all the happy memories I've stored away – just for this time in my life. Old age is like a bank account, you withdraw from it what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of your memories! I am still depositing. Remember the five simple rules to be happy:

- Free your heart from hatred.
- Free your mind from worries.
- Live simply.
- Give more.
- Expect less.

Have a nice day – unless you already have other plans." *Anon* [Sent in by Tina Hobbs.]

## **Book Reviews**

### **Secrets of Planet Earth – Wisdom of H-A revealed by Tony Neate**

Tony Neate's channelling of H-A in this book is amazing. There is a wealth of information which should quench the thirst of many spiritual seekers - so many spiritual insights that I have learnt over many years are all in this one book! It is certainly a treasure source! Many who read it will find it enlightening.

*Jennifer Ann Flenley*

### **The Secret Power of The "F" Word**

*Anne Hassett*

When I first looked at this book, I got a Fantastic Feeling (2 'F' words) and when I opened it and read the opening words, I knew why! Anne says: "For over 20 years, I 'worked on myself'. Great stuff! I made some progress, sure, but still felt that there

was something that I was missing. I just wasn't getting 'it'. I am one of those who believes in being the best; having the best. I don't believe in half measures."

She tried 16 different therapies, but realised she was trying too hard. Last year, she woke up one morning and said....**the 'F' word!** She suddenly realised she no longer needed to have a "joyless and punitive life - NO PAIN, NO GAIN". So, overriding her ego, she said the "F" word to it... This is a marvellous book for those who feel stuck and find that nothing seems to work. As Anne says, "LET GO and LET GOD". [O Books ISBN: 978-1-84694-162-7] £7.99

**Tony Neate**

## **EDITORIAL**

We would like to thank each of you who have sent in a donation for Buttercup, and are grateful for the many appreciative and helpful comments we have received. We enjoy preparing it. Do send in suggestions/criticisms as they arise.

Secrets of Planet Earth – Wisdom of H-A revealed by Tony Neate (see previous page) has been compiled by Greg Branson and was mentioned at length in our issue no. 31. This book has now been duly launched. It is published by the Eye of Gaza Press & costs £10.99 / \$17.50. **Signed copies** are available from Tony Neate, 10 Hatley Court, 81 Albert Road South., Malvern, WR14 3DX. UK £12.50 incl. p&p. Abroad: £14.50 incl. p&p.

Below you will see a **whole day event** advertised – a new departure for us. Do come if it interests you or you may know someone who lives at a distance and would be interested to come. It promises to be a super and most enjoyable day.

## **Drawing Self to Soul**

A day for Self-Healing using the Creative Unconscious

**Helena Park and Peter Wallace**

**The Wheel of Life Centre, 6 North Malvern Road, Malvern,  
Saturday, 13<sup>th</sup> June 2009 10am – 4pm**

This is a chance to express through the medium of mark-making and drawing. You may have something in your life that you would like to work with or you may just want to connect more fully with who you truly are. It will be a day for you, and it's not 'til June. There will be some meditation and creative visualisation, but you will not be expected to present your artwork unless you feel it might help your process.

Basic materials will be provided although you may wish to bring your own pencils, coloured crayons or oil pastels. [The room is carpeted, so messy materials cannot be used.]

The day will cost £25. Refreshments will be provided but you will need to bring a packed lunch.

For booking form please email: [helena.park@hotmail.co.uk](mailto:helena.park@hotmail.co.uk) or phone 0787 203 8088.

## **Comedy Corner**

## **Astrological Prayers . . .**

**Aries** Lord, please give me patience; and I want it right now.

**Taurus** Lord, please help me to accept change; but not right away.

**Gemini** Dear God, where's God, who's God, what's God; how am I to know?

**Cancer** Dear God, you know what I want.

**Leo** Dear Brother, we have to stick together.

**Virgo** Please make everything perfect, and don't mess it up like you did the last time.

**Libra** God, help me to be more decisive; on the other hand, what do you think is best?  
**Scorpio** Forgive us our debts and help us to forgive our debtors, even if the b.....s  
don't

deserve it.

**Sagittarius** Dear God, if I've asked you once, I've asked you a million times, please  
help

me to stop

exaggerating.

**Capricorn** Lord, I was going to pray but I've learnt not to depend on anyone, and I'm  
going to get it together

myself.

**Aquarius** Some people say God is dead; others say God is a woman; but I say we are  
all God, so why

pray.

**Pisces** Dear Lord, as long as I'm going to consume this fifth of Scotch, please use my  
stimulation for thy

Glory.

## Buttercup Connections Mar/Apr/May '09

Meetings held at THE BEACON CLINIC, Portland Rd., Great  
Malvern

Admission £5 (or what you can afford).

Wednesday 25<sup>th</sup> March

**7.00**

**for 7.30**

**Techniques in Vocal Sound Healing 3**

Here is our 3<sup>rd</sup> session. Newcomers welcome. **Frida Siton** accompanied by **Ann Neate**

Wednesday 1<sup>st</sup> April

**7.00**

**for 7.30**

**The Kundalini Experience – Madness or Magic?** For the first time, **Deborah**

**Ackroyd** talks publicly about the Kundalini awakening she experienced 20 years ago.

Thursday 23<sup>rd</sup> April

**7.00 for 7.30**

**Reincarnation and all it Implies**

**H-A** energy channelled through **Tony Neate**

Wednesday 29<sup>th</sup> April

**7.00**

**for 7.30**

**An Introduction to Bio-health and Esoteric Home Design** **Ralph Clay** will cover  
the spiritual, the esoteric and the physical house. He is a health practitioner & also a qualified  
builder who is starting a new business using sensitive designs, materials and technologies.

Wednesday 6<sup>th</sup> May

**7.00**

**for 7.30**

**H-A Development Group**

Personal Inner Development Work with **H-A** energy channelled through **David Furlong**

Wednesday 20<sup>th</sup> May

**7.00**

**for 7.30**

**An Exploration of Vaccination Practice - and Alternatives to it**

**Kelda White** is a homoeopath with experience working in Mumbai, in an AIDS clinic, & locally.

Wednesday 27<sup>th</sup> May

**7.00**

**for 7.30**

**Tackling the Shadow on all Levels**

**H-A** energy channelled through **Tony Neate**

Thursday 4<sup>th</sup> June

**7.00 for 7.30**

**Understanding Other Perspectives 11 – An evening on Sufi**

**Fatima Williamson** will talk about her own experience of Sufism

Saturday 13<sup>th</sup> June

**10.00 am to**

**4. 00 pm**

**Drawing Self to Soul – A DAY for Self-Healing using the Creative Unconscious**

**Helena Park and Peter Wallace** [Full details on Page 7]

Please note that this event will be held at The Wheel of Life Centre, 6 North Malvern Road, Malvern.

Wednesday 17<sup>th</sup> June

**7.00**

**for 7.30**

**H-A Development Group**

Personal Inner Development Work with **H-A** energy channelled through **David Furlong**  
**BUTTERCUP CONNECTIONS** is an 'idea in action' – a coming together of free spirits who wish to connect spiritually in a way that is relevant for today, to discover through open hearts the freedom of choice to reawaken our true Self within. We explore further ideas, thoughts of a new paradigm, free individual expression in relation to health and ecology, deep questions in our minds today.

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